

Listening Programs

KidTherapy utilizes various listening programs in our treatments to help children better integrate auditory information and become better “listeners”. Listening encompasses the whole body and the programs we provide integrate information not only through the auditory system but also the visual and vestibular systems. At KidTherapy, each therapist carefully reviews your child’s treatment goals and determines which program best suits your child and family. Our therapists are trained in using Therapeutic Listening, The Listening Program (TLP), Rhythmic Entrainment Intervention (REI), Integrated Listening Systems (iLs) and Samonas Sound Therapy.

Therapeutic Listening (www.vitallinks.net) uses music that is electronically altered based on the ideas and technology created by Alfred Tomatis, Guy Berard and Ingo Steinbach. Many songs used are familiar to the children (i.e. Wheels on the Bus). Trained therapists choose the music that best helps your child reach their goals. The sessions are generally done two times per day, 30 minutes each session. High quality headphones are required to listen to the music.

The Listening Program (www.advancedbrain.com) is a sound therapy program that involves listening to acoustically-modified instrumental music through high quality headphones that trains the brain to process auditory information more efficiently. Trained therapists choose the program that best suits your child.

Rhythmic Entrainment Intervention (www.stronginstitute.com) is a home based auditory brain stimulation program that uses rhythm to stimulate and re-pattern neurological function. There are customized CD’s that licensed therapists can offer, generalized CD’s that can be used for the areas of calm, focus, sleep and sensory processing and Brain Shift Radio that offers personalized music streaming and auditory brain stimulation. No headphones are required for this program. Your trained therapist will help to navigate these various programs for the most effective one for your child.

Integrated Listening Systems (www.integratedlistening.com) is a multi-sensory program for improving brain function. The program starts with listening to specific modified music coupled with movement activities. As the program progresses, language and cognitive processes will be added for a whole brain/body “workout”. Your trained therapist will assess which program within iLs is the most appropriate.

Samonas Sound Therapy (www.samonas.com) was created by Ingo Steinbach. It is a scientifically and artistically structured auditory training program that uses music, voice and nature sounds to re-map and restore the brain’s ability to process sound. Headphones are needed for this program. Trained therapists will determine the appropriate course of music.

Therapists at KidTherapy implement these programs in conjunction with sensory integration therapy so that the whole body is involved in order to address a wider range of issues and stimulate more senses. Improvements are usually seen in:

Alertness, attention and focus
Sleep, eating and self-help skills
Listening
Learning
Language/communication
Self-regulation/behavior
Sensory Integration
Sound sensitivities

Please call our office for further information on these programs at 908-879-7067.